



# HINEINU

TEMPLE BETH-EL CARING COMMUNITY

INVITES YOU TO AN  
ENLIGHTENING EVENING ABOUT CAREGIVING  
FEATURING

Kathleen Banchoff, Ph. D,  
Workshop Facilitator for the MacMaster Centre  
for Gerontological Studies

**FINDING THE SMILE:  
ASKING FOR HELP THROUGH STORY**

**Thursday, November 4, 2010**

**7:00 - 8:30 pm**

**Silverstein Meeting Hall**

PLEASE JOIN US AND BRING A CAREGIVING FRIEND OR  
FAMILY MEMBER. GUESTS ARE WELCOME.

*Caregiving is a gift, and not everyone has it. The experience of caregiving is so absorbing we may forget what our life looks like to those outside it... Time, time, time! We caregivers often feel prisoner to it, even desperate in its clutches... We may be disappointed with other family members who can't see what needs to be done or don't offer to help. Often, we may not know what to ask for.*

**RSVP by October 28th**

Tel: 401-331-6070

E-Mail: [Hineinu@temple-beth-el.org](mailto:Hineinu@temple-beth-el.org)

Refreshments will be served

